



# BARRIERS TO CHANGE

Change in our personal and professional lives is hard, and often to make a change stick, we may either; hit a crisis point, experience a eureka moment, seek motivation from someone other than ourselves, or simply be forced to make a change by those in a more powerful position.

Our top barriers to change infographic aims to highlight some key factors to consider when developing your intervention.

## IS THERE:

A LACK OF DATA

A LACK OF CREDIBLE LEADERSHIP

A LACK OF UNDERSTANDING

UNCERTAINTY OF END DESTINATION

A LACK OF MOTIVATION

LIMITED SKILLS AND EXPERTISE WITHIN THE CURRENT TEAM TO PROGRESS THE CHANGE

A POOR ORGANISATIONAL CULTURE

CONFLICTING AND MIXED MESSAGES

LIMITED TIME AND HEADSPACE

FEAR OF COMPETITION

CLASHING PERSONALITIES

Every time you hit a hurdle, let this infographic serve as a key change management tool to get you back on track, but know that sometimes you will need to think creatively or restate the obvious to successfully hit your next milestone.

Remember to use; What, Where, Why, When and How to help you find the answers.