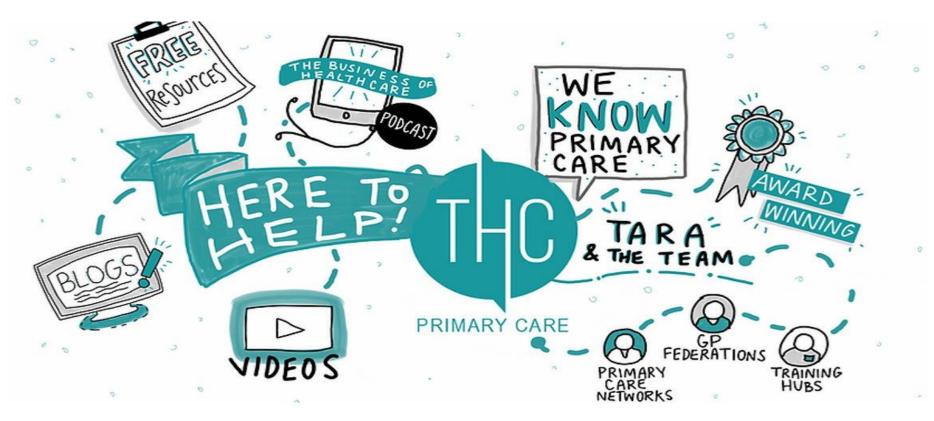
## **Navigating Primary Care Networks**



Tara Humphrey CEO – THC Primary Care



# What is a Primary Care Network (PCN)?

Groups of GP practices working with community and social care partners.

Serve populations of 30,000–50,000 people.

Provide coordinated, personalised, and proactive care.

Support collaboration and workforce resilience.



# **Herding Tigers**

Have you ever heard of the phrase herding cats?

In general practice, it's more like herding tigers who are brilliant, driven, sometimes ferocious, powerful beings who can't be corralled.

They must be carefully and strategically led.



#### **PCN Services and Activities**



Deliver core requirements under the PCN DES.



**Enhanced Access and Social Prescribing.** 



Care Homes, CVD, Cancer Diagnosis, Medicines Optimisation.



Reduce inequalities and improve local capacity.



#### **PCN Income Streams**

- Core PCN Funding and Enhanced Access Payment.
- Care Home Premium and Impact & Investment Fund (IIF).
- Additional Roles Reimbursement Scheme (ARRS).
- Capacity and Access Support Payment.



#### **How PCNs Are Managed?**

- Led by the Clinical Director and PCN Manager or the Digital and Transformation Lead
- PCN Board is made up of clinical colleagues and practice managers
- Decisions are made across practices collectively
- Governed by a network agreement



#### **PCN Management Models**

- Lead Practice one practice manages HR and finance.
- Shared Employment distributed responsibilities.
- Commissioned Provider federation or trust manages operations.
- Legal Entity CIC or Limited Company for accountability.



## **Evolving into Neighbourhood Teams**

- PCNs forming Integrated Neighbourhood Teams (INTs).
- Focus on multidisciplinary, place-based care.
- Closer collaboration with community and voluntary partners.
- Shared responsibility for outcomes and inequalities.



# UNDERSTANDING THE ENVIRONMENT, YOU WORK WITHIN





WHERE IS OUR VOICE HEARD?

DIFFERENT TERMS AND CONDITIONS



- Election 24/25
  - Integrated care
  - New Health Secretary
  - · Increased access

- New PCN /GMS contract?
- The partnership model?



**Politics** 

- Cost savings
- Rising inflation and cost of living
- Practices and pharmacies closing

- The rising cost of medicine
- Uncertain funding streams
- Workforce crises



**Economic** 

- Population and person-centred based care Paitents as consumers
- Prevention
- An aging population

24/7 health

Fraud

- · Wider determinates of health
- GPs as anchor institution



**Social** 



- The widening digital front door
- Al
- The increasing number of tech organisations to navigate



**Technology** 



• Sustainability i.e: Improved working environments, greater cost savings, better service to the community and reduced environmental impact



Environment



- Salary
- Industrial action
- CQC
- Employee rights



Legal



What the Complexity Theory
Teaches Us

Systems may be predictable in the present.

They can be unpredictable in the long term.

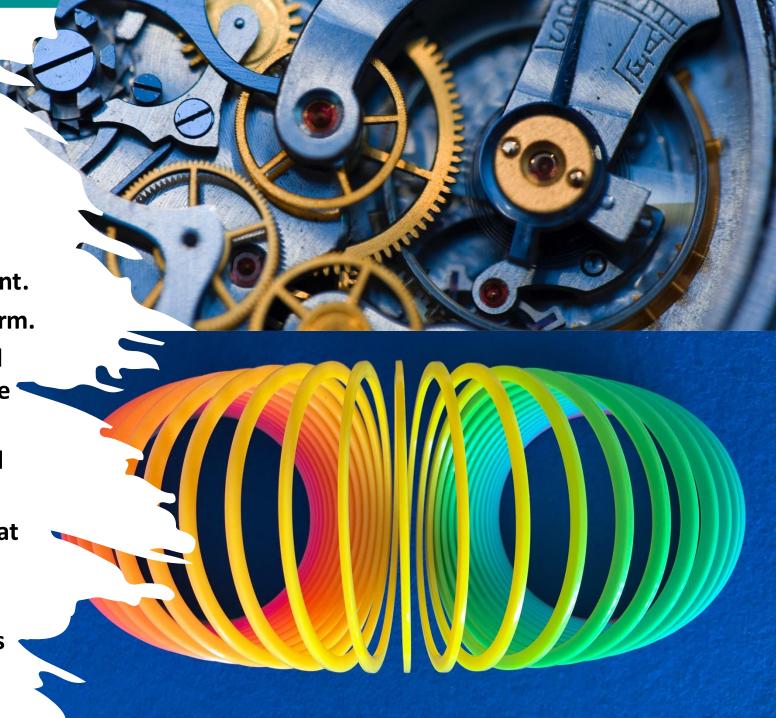
 A change in one part of the system could have a ripple effect in another part of the system.

 Systems are constantly restructuring and self-organising.

• Systems are a web of opposing forces that interact and collide with each other.

It's a foundation in life.

 The power doesn't lie in an org chart; it's reflected in how people connect.



# BOUNDARY SPANNING ROLES IN PCNS AND WHAT THIS LOOKS LIKE FOR YOU

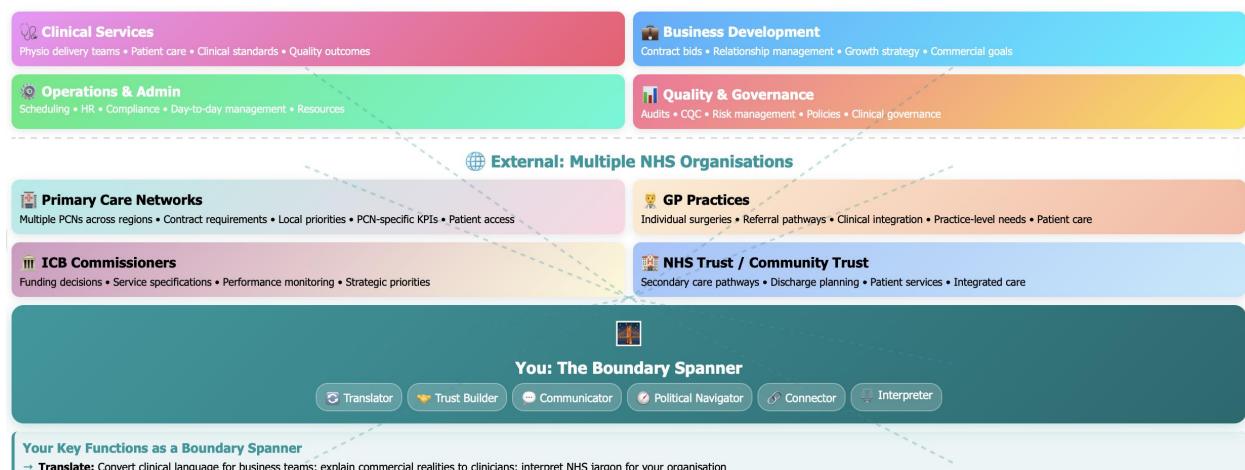


## What is a Boundary-Spanning Role?

- 1. Acts as a bridge between different professional groups, organisations, and sectors.
- 2. Understands and interprets various professional cultures and practices.
- 3. Connects people with different interests and helps them work together.
- 4. Builds relationships based on trust.
- 5. Utilises key skills such as communication, listening, empathy, negotiation, and conflict resolution.
- 6. Manages the connections between different groups and individuals.
- 7. Navigates organisational politics through diplomacy and influence.
- 8. Serves as a powerful intermediary who builds consensus.



# **Boundary-Spanning in Action**



- → Translate: Convert clinical language for business teams; explain commercial realities to clinicians; interpret NHS jargon for your organisation
- → Build Trust: Establish credibility with GPs, PCN leaders, your internal teams, and commissioners across different organisational cultures
- → Navigate Politics: Understand power dynamics between PCNs, trusts, and ICBs; manage competing priorities; work within NHS structures
- → Connect Stakeholders: Link clinical delivery teams with business development; bridge PCN needs with organisational capacity
- → Interpret Priorities: Help each group understand others' constraints, goals, and pressures to find common ground

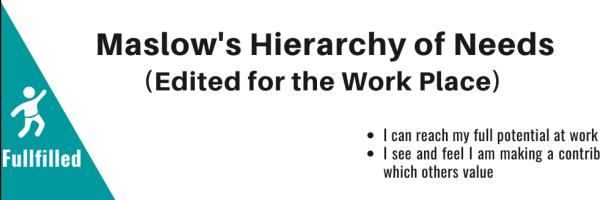
# It's a Balancing Act

Autonomous	Collaborative		
Participative and Advocacy	Authoritative		
Bargaining and negotiation	Surrendering		
Professional	Personable		
Understanding the hierarchy and power in place	Flatten the MDT approach		
Strategic	Flexible approach with multiple options		
Your sense of agency	Accountability		
Control	Permission		
Lead	Follow		
Transparent	Confidant		



# Am I seen, heard and Valued?

- Many PCN roles feel unappreciated.
- They want more money.
- PCN colleagues want more recognition for the work they do.
- Clinical roles appear more valued than nonclinical roles.

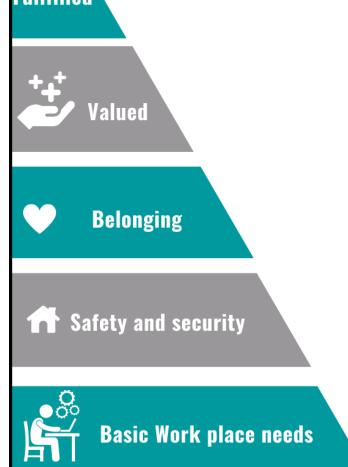


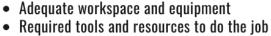
- I see and feel I am making a contribution
- Recognition for contributions Opportunities for advancement
  - Professional development support
  - Autonomy in role
  - Supportive team & management relationships
  - Feeling heard and valued by colleagues
  - Clear communication channels
  - Inclusive workplace culture
  - Regular team interactions and collaboration
  - Fair and timely compensation
  - Job security and stable employment
  - Physical safety at work
  - Clear policies protecting employees
  - Health and wellbeing seen as a priority



• Reasonable workload and hours

Basic amenities



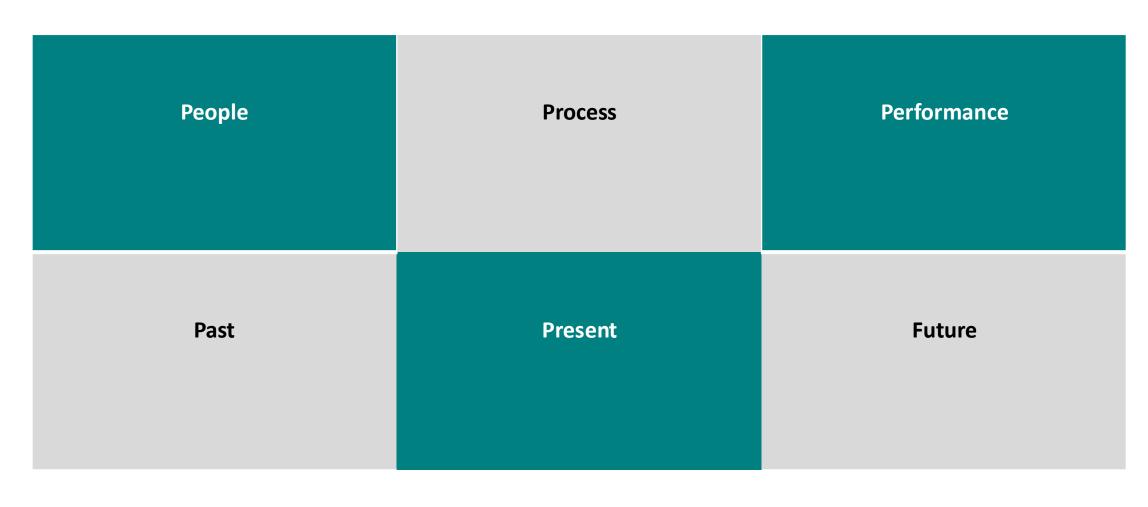




#### **DECISION MAKING BY COMMITTEE**



#### What are PCNs making our decision based on?





# When It Comes to Decision-Making by Committee

Lack of Interest	Uncertain about what's required	Scared of the Unknown	Distracted	No urgency	Low perceived importance
Lack of incentive	Not enough information / Too much information	Perceived Threat to the status quo	Emotional attachments	No emotional attachment	Fear of failure
Too complex	No sustainability	Not thought out  - Why - Who - What - When - How - Culture - Sustainability - Timing	Equity	Lack of understanding or appreciation about the context	Political / Historical tension

#### **Build Your Allies | Relationships Are EVERYTHING**

#### **Why Stakeholder Mapping Matters**

- You can't influence people you haven't identified.
- Different stakeholders need different approaches.
- Helps you prioritise your time and energy.
- Reveals potential allies and blockers early.



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Recommendations

**PCN Finances** 

Recruitment, HR & PCN Roles

Planning

CHOOSING

**HEALTHCARE AI:** 

WHAT QUESTIONS

**SHOULD NHS LEADERS** 

**BE ASKING WITH** 

PCN DES and IIF

Meetings

WHAT TO FOCUS ON

IN Q3:

OCT - DEC 2025

A PRACTICAL GUIDE

FOR PCN LEADERS

New to PCNs

**NHS and Document Summaries** 

**PRIMARY CARE** 

**NETWORK** 

**FUNDING** 

WHOSE MONEY

IS IT ANYWAY?

PCN Insights

More V

**NEIGHBOURHOOD** HEALTH UNCERTAINTY A FLEXIBLE FRAMEWORK FOR PCN DECISION-MAKING

#### NHS 10 Year Plan

Neighbourhood Health Uncertainty: A Flexible Framework for PCN...

Despite the fact that 42 neighbourhood pilot sites have been selected, and it appears ful...

THE MODEL REGION

**BLUEPRINT** 

WHAT PRIMARY

**CARE NETWORK** 

**LEADERS NEED TO** 

KNOW

CAREER **PROGRESSION FOR PRIMARY CARE NETWORK MANAGERS** 

#### Career Development

**Career Progression Options for Primary** Care Network...

If you're a PCN Manager considering your next career move, there are numerous pathways to...

NHS NEIGHBOURHOOD

**HEALTH** 

**IMPLEMENTATION:** 

**ASSUMPTIONS** 

**CHECKLIST AND** 

**FCAILITATION EXERCISE** 

TO AVOID PROJECT

**FAILURE** 

#### Recommendations

Choosing Healthcare Al: What Questions Should NHS Leaders Be Asking

Healthcare leaders face a flood of promises from vendors touting Al healthcare solutions to..

3 min read

#### Members' Club

October - December

5 min read

PCN Finances

**Primary Care Network Funding: Whose Money** Is It Anyway?

**CHANGES UNDERSTANDING** THE CHANGES AND **DIFFERENT PERSPECTIVES** 

**GP CONTRACT 2025** 

Members' Club

Changes:

**GP Contract 2025** 

Understanding the...

**GP Contract Access Changes** 

taking effect October 2025....

Read this comprehensive guide to

#### Recruitment, HR & PCN Roles

When Someone in Your Team Isn't Working Out: The Conversation No...

WHEN SOMEONE IN

YOUR TEAM ISN'T

WORKING OUT:

THE CONVERSATION

NO ONE WANTS

**TO HAVE** 

You know that nagging feeling when someone isn't quite right for the role? When you're constantly...

What to Focus on in Q3: 2025 | A Practical Gui...

At THC Primary Care, we create resources for Primary Care Network leaders to make running their...

**PRIMARY CARE** 

STOP WALKING **ON EGGSHELLS CONFIDENT PCN LEADERSHIP** WHEN TEAMS **DISAGREE** 

**PCN MANAGEMENT** COMPETENCY **FRAMEWORK** 

THE NEW

**PRIMARY CARE NETWORK GUIDANCE DOCUMENTS** 

THE LATEST

**Updated August 2025** 

WHEN PCN **DECISIONS CREATE MORE PROBLEMS THAN** THEY SOLVE

**NETWORK BUDGET UNDERSPEND EXPLAINED**